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GICAL DISORDERS

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CLINICAL PSYCHOLOGY AND LEVELS OF REAL For this reason it adopted the parameters of Classic Phys. PART I - ESP AS A COMPONENT IN SOME Pining to attain the same precision and objectivity. However, d not keep pace with the evolution of Physics and Parapsycho and without questioning more deeply its basic assumptions. It ned within the theoretical model proposed by Classic Physics.

Sociedade de Pesquisas Psicobiofisicalers to us that questioning reality has much to do with Clinical clogy because, as psychotherapists, we deal with human beings heir subjective reality - and this often means that we have to the so called altered states of consciousness. The main aspect is question is that the expression of the ASC may be adapted it. as we shall see further on.

ir clinical pratice and also in our parapsychological research we noticed that in many cases which could be considered as bor Abstract: Clinical Psychology has not taken into account evidaviour of the patient. As examples we cite cases of some of provided by other areas of research that research

cal nature. The authors have observed that in some psychologishe sometimes felt as if she were floating near the ceiling. Once, disorders sometimes there is an ESP factor mingled with the that position, she saw her body sitting on the easy chair in about their perceptions are similar. The difference between tody reaching the wall opposite to her bed and that, from there, lies in the fact that the former experience their perceptions ould see her own body lying on the bed. It is more than natural

ychokinetic phenomena - We have a patient who hears noises and When in 1882 the Society for Psychical Research of London statives movements in the house: crashes in the kitchen, doors that making scientific studies of paranormal phenomena, the model and close, objects changing place, etc. From the traditional reality conceived was dictated by Newtonian Physics - and in of view we would say that she is hallucinating. However, due model there was no place for phenomena which conflicted with r knowledge and experience with the phenomenon of poltergeist, ine to the conclusion that she was not hallucinating. Recently members of the family have heard and seen the same things. But the theory of Relativity as well as the developments of Arming that our reasoning was correct. Psychokinetic phenomena

connected with the death or accidents with relations or sintances. These precognitive dreams led to the development of a For a long time Parapsychology has been studying phenomena wheal thought loaded with guilt. This sense of guilt was dealt point to other levels of reality. What makes these observation in psychotherapy making her aware that there was no direct rela Itional psychotherapy dreams are often regarded as a catharsis aconscious desires. However, sometimes they may also be a bridge The nature of reality is questioned both by physicists and pages of cther levels of reality and ours. Psychotherapists who work

not the whole world of reality; we may think of it as forming cking up symptoms - We had opportunity of following up cases of le displaying somatic or psychological symptoms, making them seek or psychologists. The treatments, however, were not success-We came across the same type of phenomenon in our clinical

provided by other areas of research that point to the existing that could be included in this category. other levels of reality. Therefore, that which is not perceit through physical senses is often considered as being of a pater - We had a patient who complained, amongst other things, symptoms, and which are only taken into account as a proof of of a group of people who had come to visit her. Another par "insanity". Reports made by some patients' and trained sensit reported that several times she felt as if she moved out of chaotic manner and are overwhelmed by them, while the latter experiences of this nature trigger a psychological reaction learned to discriminate between ESP and common perceptions, ing the patient to doubt her sanity. taining their psychical integrity.

Principles.

Physics shattered this model of a mechanistic and orderly Univent uncommon. Not knowing about them, however, may cause the Today we know that Classic Physics became limited because it topment of psychological problems associated to the stress described a certain level of reality - the level that we percived. through our senses. However, it was not adequate to describe phenomena that take place at the sub-atomic level and which efecognition - We had a patient who had precognitive dreams, our perception.

important is that they originate from different areas of reselbetween this type of dream and the death or accidents of the which, on comparison, form a network of evidence pointing to the she knew. She was also made aware of her ESP capacity. In levels of reality.

chologists. Einstein commented on this question as follows: "interpretation of dreams should be well aware of this fact. material world... constitutes the whole world of appearance. cross section of the world of reality."

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cate that certain people have a sensitivity which causes them thological Disturbances", we named these entities "theta agents" unknowingly act as "lightning conductors" in their environment practice. We also noticed that these symptoms shifted, leadingthotronic Research, in 1977, in Tokyo, entitled "Healing at a different diagnosis by different specialists. Our observationstance: Some Evidences Suggestive of Theta Agent Influence in For the last few years we have studied people with ESP and the ced the influence of such theta agents on some patients. In most studies indicate that in certain disturbances also are patients. In most those present. There are persons who possessinis raculty but and for the explanation one might give them - subconscious of the sen unaware of it and suffer the influences of their environment. In the explanation one might give them - subconscious of the sen unaware of it and suffer the influences of their environment. In the explanation one is a lateral world-ESP", etc. - we mention of his name, whether the patient is known or unknown the and not to the phenomena itself. As our working hypothesis, we those present. There are persons who possessthis faculty but and for the existence of theta agents. We did this because apart those present. There are persons who possessthis faculty but and for the existence of theta agents. We did this because apart are no longer at its mercy. Trained sensitives can often manifus connotation. From our point of view, however, the religious picking up moods or physical symptoms of the people nearby. Wheay consider these "theta agents" as natural phenomena, there trained to develop their ESP faculty, they learn to control it subject to the laws of Nature, or we can also give them a religious trained to develop their ESP faculty, they learn to control it subject to the laws of Nature, or we can also give them a religious trained to develop their ESP faculty, they learn to control it subject to the laws of Nature, or we can also give them a religious trained to develop their ESP faculty. the symptoms experienced by a patient they do not know at the ect that these phenomena might have is due to Man's interpretastudies indicate that in certain disturbances classified as "methe cases they can be removed through certain processes we use.

looked upon as another element pointing to the fact that the it sensitive or due to his ESP, the improvement we noticed due to ual is insane. ESP truly has its part in this picture, because means we applied would not have occurred. makes the individual receptive to influences of many kinds; an also reinforces the idea the patient himself and others have of way theta agents act and how they present themselves was desillness" there are ESP components. Usually an ESP manifestation the theta agents were merely the result of the subjectivity of

weird perceptions and sensations he experiences.

sensitives. The difference, in terms of what is experienced, bis natural that ESP should not be uniform in everyone. The intensitives. The difference, in terms of what is experienced, bis natural that ESP should not be uniform in everyone. The intensitives. or aggravating maladjustment. but not aware of it, gets in emotional states which end by cree tween ESP and common perception, while the person who is a sen patient, lies in the fact that trained sensitives discriminate It is impossible to ignore the similarities between certain petical Disorders"

into account as one more proof of their "insanity". However, citain persons, whether they have or do not have ESP. The effect voyance as well as clairaudience are often found in sensitive; the influence may be psychopathological, psychophysiological or do ironmental. The difference felt between people who have or do ill". What they perceive is not taken into account as it is condered the result of a sick mind. Their perceptions are only takher side to this question is the influence theta agents have on into account as one more proof of their "insanity". However, chain persons, whether they have or do not have ESP. The effect into account as one more proof of their "insanity". However, chain persons, whether they have or do not have ESP. The effect by it; the trained sensitive learns to control his ESP; he may rather in the experience triggered by the perception. Clairvoyance is often found in people who are diagnosed as "meteon to person. experiences his perception in a chaotic manner and is overwhel

a briefing on such cases it is sufficient to consult a few psy or sensing of what they describe as entities at their side. To tor. There are also innumerable patient reports regarding the perce**thaps** being committed to an asylum, acts as another destructive the same perceptions, but maintains his psychical integrity.

environment or the cultural background from which the patient that which is perceived has similar characteristics in a great p others. cases, pointing to a universality in the content of what is

As a working hypothesis, we consider that these entities (seen know our patients, we become familiar with the dynamics and felt or perceived as "voices") exist in another level of realiqueture of their personality, enabling us to understand and In our paper, presented at the III International Conference on ceive their problems better. If we detect a particular type of , it should be our duty to make them aware of it, helping them

who are adapted and possess ESF.

disturbance, i.e., he is most probably becoming insane, due tobed in the paper mentioned previously, as well as in the second of this paper which is being presented at this IV Conference, er the title "ESP as an Aid to Psychotherapy in Some Psychom

of the manifestations vary from person to person and so does en and consequently the effects of this interrelation vary from type of ESP. In the same manner, the way ESP manifests itself interferes in the patient's life is closely related to the ucture of his personality. These two aspects are closely inter-

Here again there is a difference not in that which is perceived have ESP is that the former can become mentally confused as they The psych, feel or hear things that other people do not.

patient may feel at the mercy of "supernatural" forces with no eibility of controlling them. The fear of being different from ers and, as such, running the risk of being called "insane" and

pathology textbooks or to visit some psychiatric institutions thow sensitives who have gone through this experience but who chat with patients. It is interesting to note that no matter the overcome the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by their untrained ESP; the convergence of the maladjustment caused by the convergence of the convergence of the convergence of the convergence of the maladjustment caused by the convergence of the c rned to deal with it using it to their own benefit and also to

with another level of reality which can also be perceived by papprehend their reality however strange it may seem to us, and ceived. We believe that this content is universal because it depsychotherapists we should be alert to patients' reports, trying of the pre-established psychopathological categories. As we without being overconcerned with fitting their symptoms into

actualizing his tendency towards recovery. therapy allow the patient to mitigate or overcome resistances, felt as a threat, the activation of internal resources during understand what is happening. When ESP experiences are long

holistic understanding of the patient and his reality, as well of other levels of reality which can interact with the individ his recovery. knowledge - but only to add to it another dimension, aiming at It is not our intention to substitute today's psychotherapic The purpose of this paper is to expand the traditional concept individual vs. environment, taking into account the

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PART II - ESP AS AN AID TO PSYCHOTHERAPY CLINICAL PSYCHOLOGY AND LEVELS OF REALITY: IN SOME PSYCHOLOGICAL DISORDERS

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In Proceedings of the Third International Conference on Psychols up new possibilities for patients whose Suggestive of Theta Agent Influence in Psychological Disturbandition. This approach combined with traditional psychotherappy J. and Samuel, A. Healing at a Distance: Some Evidences in procedures is followed by an improvement in the patients' Ats by the authors), and who were involved with the patients. A on with the patients. Removal of the ta agents by means of remote or dependent on extensive psychotherapy. ription is made of the theta agents observed and their interrders of various kinds. Trained send ract: The authors discuss the intexactions petween other levels and often manifested extraneous personalities (named theta itive's were used in this prognosis of recovery with psychological

ir, we described the types of theta agents we came across, as psychological disorgers of some patients and the influence of cal disorders, aiming at rgoing psychotyerapy and had been showing certain\symptoms for t with these agents. The subjects selected for our sample did conclusion that this could be done. However, we also found out personalities extrangous to the members of the group in some rienced. After experimenting during three years, we had come nafluencing at a distance people with various arch in Tokyo, we presented a paper discussing the possibility 1977, at the III Internation al Conference on know that they were being focused s manifested themselyes, suggesting an interrelation between personalities - which we named "theta agents". as the improvemente and relapses observed relieving or removing the symptoms by the group, were not in patients as we Psychotronic types of psycho-We also found out Also in this

purpose of this paper is to take up these aspects and extend based on observations made during the last two years.

ing Hypothe/sis

than a year.

individual. Apparently, besides the classical interaction vidual vs. environment, there could be a third one that we reality, unperceived by our senses, but which could interact with observations, as pointed out in our paper "ESP as a Component one Psychological Disorders", which is being presented at this onterence, led us to consider that there might be another level "spiritual". "Spiritual" is probably not the best word